

I 期 (一般)

受験 番号	<input type="text"/>	氏 名	<input type="text"/>
	<input type="text"/>		

平成 30 年度

武蔵野大学大学院 人間社会研究科 人間学専攻 臨床心理学コース 入学試験問題 (9月10日)

[英語]

以下の文章は、SAD : Social Anxiety Disorder (Social Phobia) 社交不安障害 (社交恐怖)についての説明の一部である。この文章を読み、問いに答えよ。

Individuals with SAD possess a belief that the world, and more specially, the social world, is a danger place. They believe that others expect them to behave in accordance with social standards that are exceedingly high and often unattainable, which results in a related belief that they lack the skills to perform successfully in such social situations. These models are further supported by studies demonstrating that individuals with SAD display an inconsistency between their perception of social standards and their own social abilities (Alden and Wallace, 1991; Alden, Bieling, and Wallace, 1994; Wallace and Alden, 1991). As a result of these negative appraisals of self, people with SAD expend a great deal of energy focusing on their perceived deficits, which prevents them from fully engaging in the social or performance situation at hand. This mismatch is influenced by the tendency for individuals to minimize their competence in relationships based on the social standards, which they perceive as personally unattainable. Additionally, research has demonstrated that individuals with SAD interpret their own self-attributes as failing to live up to the social standards of others (e.g., Strauman, 1989; Weilage and Hope, 1999).

Interestingly, research has demonstrated that the expectations individuals with SAD have about other people's social values tend to be equitable to those of nonanxious individuals (Alden, Bieling, and Wallace, 1994; Wallace and Alden, 1991).

[Simos, G. & Gofmann, S.G. (eds.). CBT for anxiety disorders: a practitioner book. Wiley-Blackwell, 2013, pp.89-91.]より引用。

unattainable : 達成不可能な

inconsistency : 不一致

interpret : 解釈する

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武蔵野大学大学院 人間社会研究科 人間学専攻 臨床心理学コース 入学試験解答 (9 月 10 日)

[英語]

問題1 この文章の大意を 300 字以内で書け。なお、引用文献情報(著者名、年)は文章に入れなくてよい。

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<input type="text"/>	300

問題2 文章の内容についてあなたの思うことを 400 字以内で述べよ。

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