

I 期 (一般)

令和2年度

武蔵野大学大学院 人間社会研究科 人間学専攻 臨床心理学コース 入学試験問題 (9月22日)

[英語] 次の英文を読んで各問に答えなさい。

Jess is eleven. Her parents are worried about how Jess will ever cope when she goes to high school given how much she worries about everything. Jess worries when her parents go out, worries about keeping her friends, about doing well enough at school, about events from the past and in the future, and about possible dangers. She always expects things to go wrong and she does not like to go on outside in her comfortable routine. Jess even worries about how much she worries. She has a couple of close friends at school but fears that one day they will suddenly decide that they don't like her. She doesn't want to make new friends in case that ruins her current friendships. Jess is a very bright girl, and she produces flawless work almost all of the time, spending hours making sure that everything is absolutely correct, but Jess performs very badly during long tests mostly because she gets stuck on early question trying to make it the perfect answer and then doesn't complete the rest of the questions.

Rapee et al. (2008). *Helping Your Anxious Child* をもとに作成

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*各問題は日本語で解答すること

問1 Jess の抱える問題について、200字程度で記述しなさい。

問2 Jess に対して心理療法を行うことになった場合、どの技法をどういう理由で実施するかについて、600字程度で記述しなさい。技法については具体的な名称を記載すること。